

Integrating Human Wellbeing in Puget Sound Restoration

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Storyline



1) Background: Geographic & Policy



2) Laying the
Groundwork:
Conceptual models and
developing HWB
indicators



3) Indicator AdoptionProcess:Formal and informal



4) MonitoringIndicatorsSurveys and Modeling



5) Planning for HWB Local and Basin scales



Our Team (some of)



Me, Pl



David Trimbach, Research Associate



Whitney Fleming, **Graduate Research** Assistant





Leah Kintner, **Ecosystem Recovery** Manager, Puget Sound Partnership



Haley Harguth, Watershed Program Manager, Hood Canal **Coordinating Council**

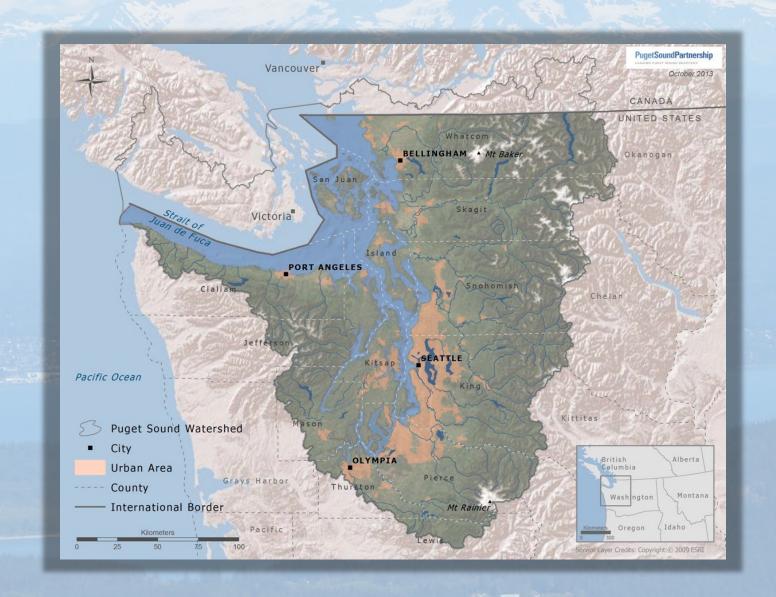


Trina Wellman, Northern Economics, Inc.



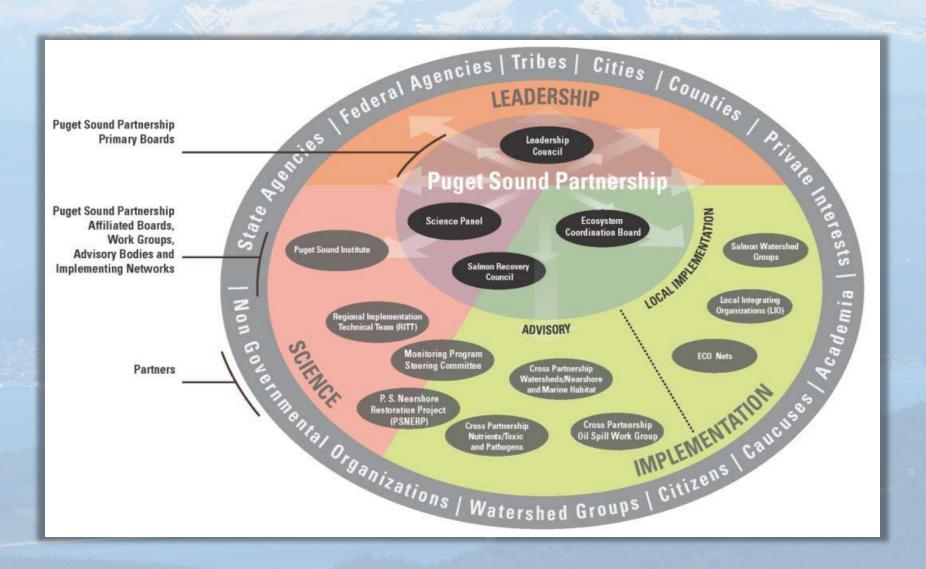
OSU TEAM

What is the Puget Sound?





Puget Sound Management Conference



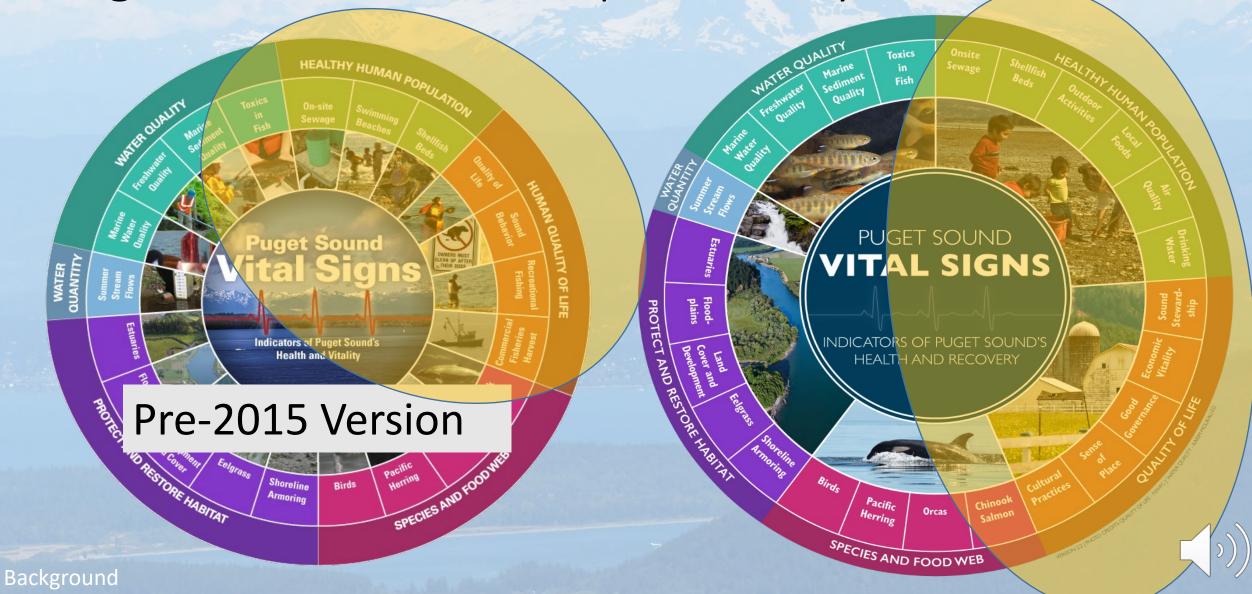


Puget Sound Partnership Statutory Goals

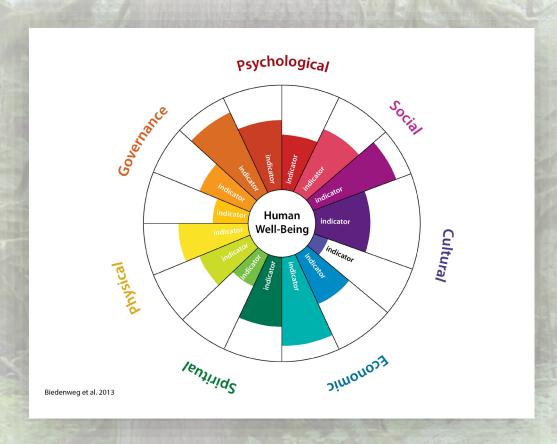
- Healthy people are supported by a healthy Puget Sound
- Our quality of life is sustained by a healthy Puget Sound
- Species and the web of life thrive
- Habitat is protected and restored
- Rivers and streams flow at levels that support people, fish, and wildlife
- Marine and fresh waters are clean.



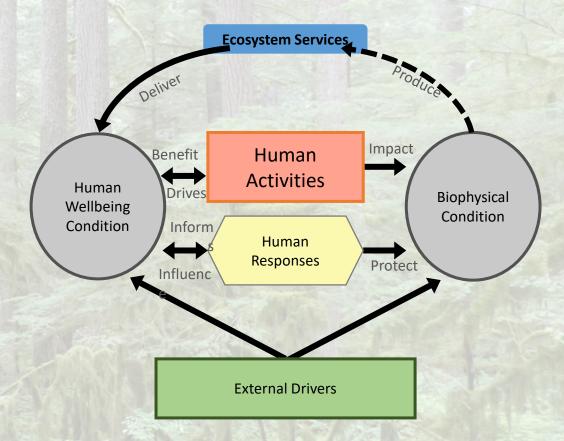
Puget Sound Partnership Statutory Goals



Laying the ground(sea)work



Biedenweg et al. 2016

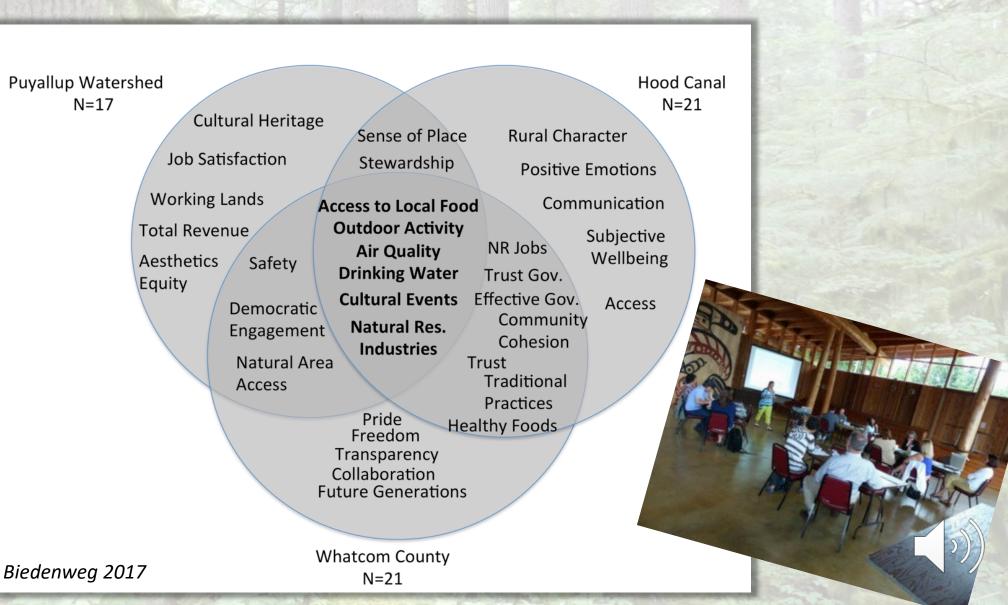


Harguth, H. et al. 2014



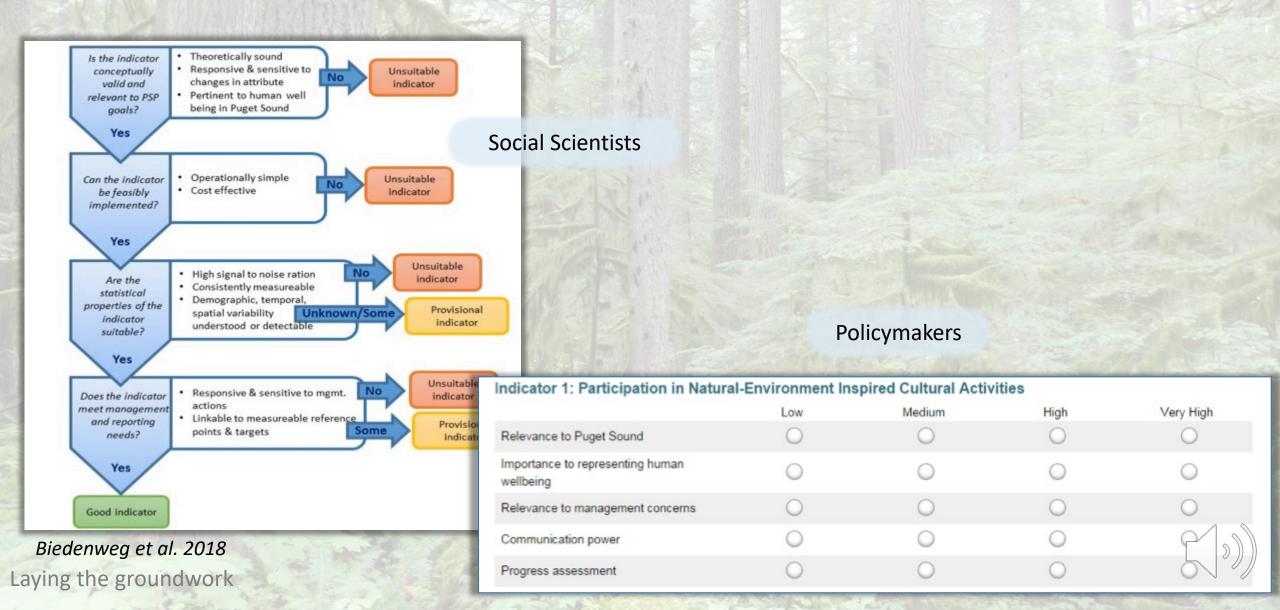
Developing Human Wellbeing Indicators





Laying the groundwork

Assessing Scientific and Policy-Relevance



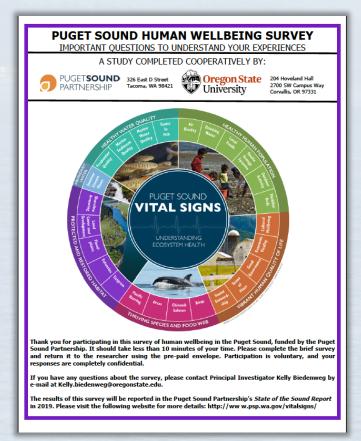


Adopting HWB Indicators Formal and Informal





OSU-run Survey



Fleming et. al 2021

Sampling

• 9,000 addresses

Contact

- Postcards 1&2
- Survey Packet

Within Survey Packet

- \$2 incentive
- Questionnaire
- Letter of Introduction
- Return Envelope

Response

- 2322+ returns
- 29% rate



OSU-run Survey

Good Governance Perceptions

Agreement that there's Trust, Opportunity to Influence,
 Freedom, Access to Information, Representation

Local Foods Harvest

 Frequency of Shellfish, fish, mushrooms/plants, waterfowl, deer/elk

Sense of Place

 Agreement that they have Pride of place, identity with place, attachment to place, uniqueness of place

Outdoor Recreation

• Frequency of participation in 12 categories

Outdoor Work

• Frequency of outdoor work

Cultural Practices

 Satisfaction with ability to engage in cultural practices related to environment

Psychological Wellbeing

 Frequency of experiencing inspiration and stress reduction in natural environments

Products

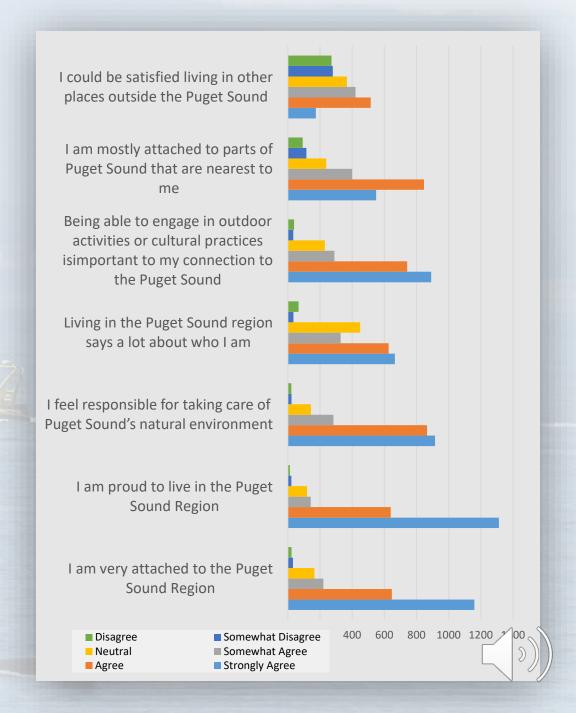


Sense of Place

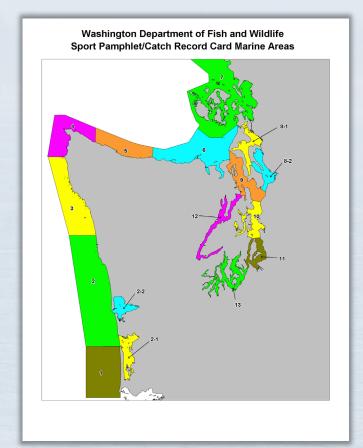
(2018 data)

Mean: "somewhat agree"

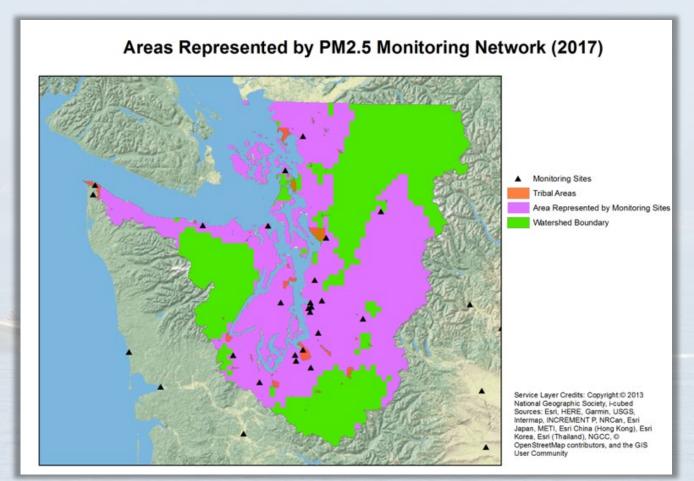
Regression model r²: 0.044 (white, younger, more formal education, longer residence)



Products by Partner Agencies



Recreational Dungeness Crab, WDFW



Air Quality, WADOH



Planning for HWB

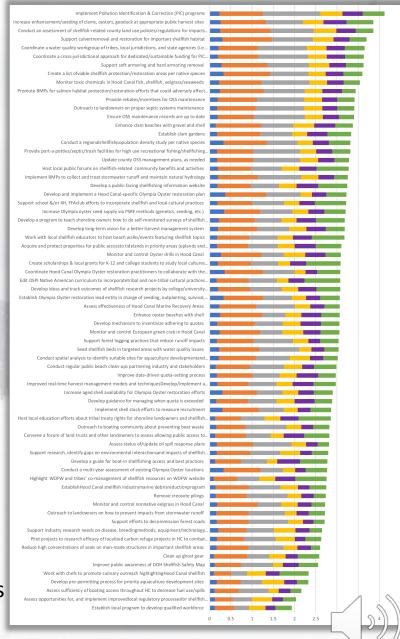
Local Scale



Shellfish Initiative Objectives

- Objective 1: Restore Native Olympia Oyster
- Objective 2: Enhance habitat
- Objective 3: Enhance Water Quality
- Objective 4: Support Sustainable shellfish economy
- Objective 5: Expand harvest opportunities
- Objective 6: Cultural Appreciation

Shellfish Initiative Rated Strategies



Hood Canal Coordinating Council. 2020. Hood Canal Shellfish Initiative Action Plan. https://hccc.wa.gov/ShellfishInitiative

Planning for HWB

Basin Scale



Ensure human wellbeing

We cannot achieve Puget Sound recovery without considering and ensuring the health and wellbeing of human populations in Puget Sound.

Humans have complex, reciprocal relationships and interactions with the environment—ones that can contribute to both the decline or health of the Puget Sound ecosystem. A healthy ecosystem provides aesthetic values, opportunities for recreation. and access for the enjoyment of Puget Sound. Tribal cultures depend on the ability to exercise treaty rights to fish, gather plants, and hunt for subsistence, cultural, spiritual, ceremonial, and medicinal needs. Human well-being is also tied to economic prosperity. A healthy ecosystem supports thriving natural resource and marine industrial uses such as agriculture, aquaculture, fisheries, forestry, and tourism.

Puget Sound recovery efforts can also have positive, negative, neutral, or unknown effects on human communities, especially historically overburdened communities. The recovery community must consider these effects so that recovery contributes to ensuring thriving human communities and continues to advance

We must ensure human wellbeing, in a just, equitable, diverse, and inclusive manner, when protecting and recovering the Puget Sound ecosystem

Outcomes listed here directly support the healthy human population and vibrant quality of life Vital Signs and indirectly support all other Vital Signs.





5. We must ensure human wellbeing, in a just, equitable, diverse, and inclusive manner, in protecting and recovering the **Puget Sound ecosystem**

5.1. Senses of place of Puget Sound residents are respected and

- Opportunities for stress reduction and motivation from natural environments for diverse human communities are enhanced
- 5.1.2 Attachments among all residents to Puget Sound's environments (including natural, biocultural, and anthropogenic places) are acknowledged and respected and recognized as opportunities to achieve the Action Agenda

5.2. Engagement in and trust of Puget Sound environmental and natural resource governance is increased

- 5.2.1 Decision making is made more inclusive by participation of a broader set of committed stakeholders and diverse forms of knowledge early in ecosystem recovery processes
- 5.2.2 Capacity for overburdened communities to engage in environmental decision making is increased
- 5.2.3 Transparency in environmental and natural resource management decision making and the use of science is improved
- 5.2.4 Trust is increased by including and communicating directly and effectively with new and diverse audiences

5.3. Participation in environmentally related cultural practices and opportunities for harvesting of quality local foods are enhanced

- 5.3.1 Opportunities for cultural practices, such as native and spiritual practices and environmentally related social activities, are increased
- 5.3.2 Access to safe and more abundant local food harvests, such as fish, shellfish, and game, for human populations is increased

5.4. Employment and production in natural resources sectors such as fisheries, aquaculture, agriculture, timber, ecosystem restoration, and tourism are made resilient

5.4.1 Natural resources sector jobs and production opportunities are

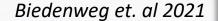
- 5.4.2 Innovative techniques that promote a healthy natural environment and achieve growth in natural resources industries are encouraged
- 5.4.3 Restoration actions consider economic benefits and impacts, monitor tradeoffs, and choose multi-benefit solutions where possible

5.5. Participation in outdoor recreational and stewardship activities is

- 5.5.1 Opportunities for multiple uses of open space, waterways, and other natural environments are recognized and increased
- 5.5.2 Barriers that have resulted in exclusion of people from participating in outdoor recreation and stewardship activities are identified and
- 5.5.3 Meaningful and community-based stewardship behaviors are

5.6. The health of the human population of Puget Sound is not threatened by changes in ecosystem conditions and sensitive populations do not experience inequitable health outcomes

- 5.6.1 Levels and patterns of air pollution do not threaten Puget Sound communities or sensitive populations with adverse health outcomes
- 5.6.2 Levels and patterns of contaminants in drinking water do not threaten Puget Sound communities or vulnerable populations with adverse
- 5.6.3 Levels and patterns of contamination in fish and shellfish harvested from Puget Sound waters do not threaten the health of Puget Sound communities or vulnerable populations
- 5.6.4 Levels and patterns of pollutants and biotoxins in surface waters do not threaten the health of Puget Sound communities or vulnerable





Storyline for today



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5) Planning for HWB Local and Basin scales



Thank you!

All partners in agencies, communities, and academia

Funding for this work provided by:

- NSF Science, Engineering, and Education for Sustainability Postdoctoral Fellowship (2011-2015)
- EPA Early Career Award (2017-2021)
- Hood Canal Coordinating Council (2012)
- Puget Sound Partnership Wellbeing Survey contract (2018, 2020..)
- Puget Sound Implantation Strategy Science Awards (2017-2025)

Citations

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And many others: kellybiedenweg.weebly.com

